



3rd Floor
Mounttown Community Facility
Fitzgerald Park
Mounttown
Dun Laoghaire
Co. Dublin

Phone: 085-1046037

e-mail: monkstownbc@yahoo.co.uk

Web: www.monkstowndublinboxingclub.com

ARE PROUD TO PRESENT

8 WEEK GIRLS ONLY BOXING BEGINNER'S COURSE

FOR ALL GIRLS BORN IN YEAR 2013 to 2008

- *Learn the basics of Amateur Boxing - Irelands No.1 Olympic Sport*
- *Monkstown Boxing Club – Winner of Ireland Best Club Award 2016*
- *Very Beneficial for Kids competing in other Sports*

Every Tuesday from 5pm-5.45pm

Course commences on Tuesday 15th November 2022
(and every Tuesday thereafter for 8 weeks until 17th Jan 2023)

Cost: €3 per night

FOR REGISTRATION PLEASE TEXT
(Girl's Name and Date of Birth)
to 085-1046037



Monkstown Boxing Club is Affiliated to the Irish Athletic Boxing Association & Supported by the Dun Laoghaire Rathdown Sports Partnership

